

## Certificate of Attendance

**Andreas Ziegler**

has attended the course

### **Setting and Achieving Goals Efficiently: Stop Procrastinating and Take Control of Your Projects (online)**

on 05 May 2022

held by Erika Magyarosi.

**Objectives** To learn to plan projects realistically and manage them efficiently

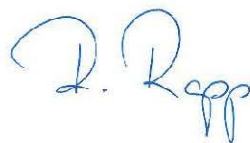
**Content**

- Turning wishes into realistic projects
- Creating a concrete action plan
- Defining goals strategically
- Dealing with disruptions
- Analyzing one's own planning and resources

**Duration** 8 educational hours; 1 educational hour corresponds to 45 minutes

The online course was organized by the Graduate Academy of the University of Tübingen and is part of the Doctoral Researcher Development Program.

Tübingen, 06 May 2022



Regina Rapp  
Head of the Graduate Academy

